



Bowman's Hill Wildflower Preserve

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Native Plants to Attract Birds

Birds have relied on native plants for food and shelter for millions of years. Many birds use nuts, berries and seeds as a food source and hummingbirds sip the nectar from flowers. If you grow these native plants for backyard birds, they will return the favor by dispersing seeds and hummingbirds will provide essential pollination services. Insects also use plants for food and shelter, providing birds with high protein food to feed their young. So add some colorful movement and song to your backyard and enjoy the show.

<u>Botanical Name</u>	<u>Common name</u>	<u>Height</u>	<u>Color</u>	<u>Nectar</u>	<u>Fruit/Seeds</u>
<u>Herbaceous perennials</u>					
<i>Aquilegia canadensis</i>	Eastern columbine	1' - 2'	red and yellow	X	
<i>Coreopsis</i> spp.	Tickseed	2' - 5'	yellow		X
<i>Delphinium exaltatum</i>	Tall larkspur	2' - 6'	blue, violet	X	
<i>Dicentra eximia</i>	Fringed bleeding-heart	1'	pink	X	
<i>Echinacea</i> spp.	Coneflower	2' - 3'	varies		X
<i>Epilobium angustifolium</i>	Fireweed	2' - 6'	magenta	X	
<i>Helianthus</i> spp.	Sunflower	4' - 8'	yellow		X
<i>Heliopsis helianthoides</i>	False sunflower	2' - 5'	yellow		X
<i>Hibiscus moscheutos</i>	Swamp rose-mallow	4' - 5'	pink, white, red	X	
<i>Impatiens</i> spp.	Jewelweed	2' - 5'	orange, yellow	X	
<i>Lilium</i> spp.	Lily	2' - 8'	orange, red	X	
<i>Lobelia cardinalis</i>	Cardinal-flower	3'	scarlet	X	
<i>Monarda</i> spp.	Bee-balm, Bergamot	2' - 4'	varies	X	
<i>Penstemon</i> spp.	Beard-tongue	1' - 3'	white to purple	X	
<i>Phlox</i> spp.	Phlox	2' - 4'	white to purple	X	
<i>Rudbeckia</i> spp.	Coneflower	2' - 5'	yellow, orange		X
<i>Silene regia</i>	Regal pink	2' - 3'	scarlet	X	
<i>Silene virginica</i>	Fire-pink	1' - 3'	scarlet	X	
<i>Silphium</i> spp.	Rosinweed	to 7'	yellow		X
<u>Trees, Shrubs and Vines</u>					
<i>Amelanchier</i> spp.	Shadbush, Juneberry	to 30'	white		X
<i>Aronia</i> spp.	Chokeberry	to 10'	white		X
<i>Campsis radicans</i>	Trumpet-creeper	vine	scarlet	X	
<i>Cornus</i> spp.	Dogwood	to 30'	white		X
<i>Gaylussacia</i> spp.	Huckleberry	to 6'	red, white		X
<i>Ilex</i> spp.	Holly, Winterberry	4' - 45'	white		X
<i>Juniperus</i> spp.	Juniper	to 30'	evergreen		X
<i>Lindera benzoin</i>	Spicebush	6' - 12'	yellow		X
<i>Lonicera sempervirens</i>	Trumpet honeysuckle	vine	orange-red	X	
<i>Magnolia</i> spp.	Magnolia	to 30'	white to green		X
<i>Myrica pensylvanica</i>	Bayberry	3' - 6'	green		X
<i>Nyssa sylvatica</i>	Black gum	to 80'	greenish-white		X
<i>Quercus palustris</i>	Pin oak	to 80'	yellow-green		X
<i>Rosa</i> spp.	Rose	1' - 6'	pink		X
<i>Sambucus canadensis</i>	American elder	6' - 10'	white		X
<i>Vaccinium</i> spp.	Blueberry, Cranberry	<1' - 10'	white to pink		X
<i>Viburnum</i> spp.	Viburnum	to 15'	white		X

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